

STROUD MIDDLE SCHOOL

SEPTEMBER 26 - 30, 2022

CHOOSE ONE BREAKFAST OPTION DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
BREAKFAST BURRITO OR CEREAL & TOAST	OMELET & BACON OR CEREAL & TOAST	FRENCH TOAST OR CEREAL & TOAST	CINNAMON ROLL OR CEREAL & TOAST	BISCUIT & GRAVY OR CEREAL & BISCUIT

FRUIT BAR, JUICE AND MILK OFFERED DAILY

CHOOSE ONE LUNCH OPTION DAILY

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
HOT MEAL OPTION	HOT MEAL OPTION	HOT MEAL OPTION	HOT MEAL OPTION	HOT MEAL OPTION
TERIYAKI DUNKERS RICE & CARROTS FORTUNE COOKIE	SUB SANDWICH FRESH VEGGIES DORITOS	CHICKEN & WAFFLE BAKED BEANS	MACARONI & CHEESE GREEN BEANS & ROLL	BEEF STICKS MASHED POTATOES HOT ROLL
COLD MEAL OPTION	COLD MEAL OPTION	COLD MEAL OPTION	COLD MEAL OPTION	COLD MEAL OPTION
HAM & CHEESE SUB	TURKEY WRAP	CLUB SANDWICH	SUB SANDWICH	SANDWICH OF THE DAY
SALAD OPTION	SALAD OPTION	SALAD OPTION	SALAD OPTION	SALAD OPTION
CHEF SALAD	CHEF SALAD	CHEF SALAD	CHEF SALAD	CHEF SALAD

FRESH VEGGIE/FRUIT BAR AND MILK OFFERED DAILY

MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER